Laura Ann King was born to Mabel Curwick and Arthur J. King on Easter Sunday, April 17, 1927 in Minneapolis, MN. Her family consisted of Lucille (Sr. Anthony), Donald, Irene, and Bernard (all half brothers and sisters); and James, Helen, Stephen, Kenneth and Lenora King Renoos. Of these only Helen and Stephen are still living.

When Laura was a year old, the family moved to a farm in rural Webster, WI where she attended Leef and Jackson schools, both one-room schoolhouses. At age 14, she attended the boarding school of Claude Allowez Academy run by the Sisters of St. Joseph of Superior, WI. Laura's sister, Lucille, had joined the order nine years before, and on June 12, 1942, the Feast of the Sacred Heart of Jesus, Laura joined the Sisters of St. Joseph of Superior, WI at the age of 15; she was given the name Sister Mary Patricia.

Laura made her novitiate at Nazareth on the Lake in Superior, WI. She earned her Bachelor's and Master's degrees in Education from the University of Wisconsin Superior in 1967 and 1970 respectively. Later, she also attended St. Catherine's in St. Paul, St. Scholastica in Duluth, University of Wisconsin Madison and River Falls, and Creighton University in Omaha, Nebraska.

For 25 years, Laura was an educator and principal in several Wisconsin Catholic elementary schools including Superior, River Falls, New Richmond, Glenwood City, and Ladysmith. She joined the Peace Corps in 1974 and taught math in the Malaysian schools in SE Asia until 1978.

When she retired from teaching in 1981, she went to Creighton University. While studying for her masters in pastoral ministry, she served as a chaplain to the first-year students. She worked in Albert Lee, MN before moving back to Wisconsin to be Pastoral Minister at St. Joseph's Parish. In 1985, she was hired by the Indianhead Residential Home in Shell Lake, MN to minister to recovering alcoholics and drug addicts. She remained there for ten years serving as Educational Therapist and House Mother. During that time, Laura's community, the Sisters of St. Joseph of Superior, WI, merged with the Sisters of St. Joseph of Carondelet, St. Paul (4/1/1986). In June of 1994 Laura retired to St. Paul where she taught English as a second language in Frogtown and in several Asian homes. She also served as receptionist at Bethany Convent for several years, a position she really enjoyed because it gave her an opportunity to meet many sisters of the St. Paul Province.

Persons who knew Sr. Laura describe her as someone with a wonderful sense of humor who loved life, people – and the Green Bay Packers. She kept a whole drawer full of jokes in her room and enjoyed telling them to people. She also loved holidays and celebrated St. Patrick's Day, Valentine's Day and other holidays by wearing accessories that "lit up" for everyone's enjoyment. She was "always a good friend," staying in touch with relatives, friends, colleagues and current and former sisters of the Superior community who were faithful to her also and visited her at Bethany and Carondelet Village. She was known as one who reached out to those who were often unnoticed.

She joined a writing group at Carondelet Village and shared some interesting stories of her life. Laura wrote the following that was printed in the recently published Carondelet Village cookbook: